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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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OPPORTUNITY AWAITS

INDOOR CYCLING INSTRUCTOR

Chippewa Falls YMCA | Part-Time

Job Description

The YMCA of the Chippewa Valley is a high-energy, community-focused fitness studio dedicated to helping individuals achieve their health and fitness goals. The YMCA provides an inclusive, fun, and motivating environment where members can push their limits. We are looking for a passionate and energetic Indoor Cycling Instructor to join our team and inspire our members through dynamic and engaging classes. Our members love these early morning weekend offerings to kick off their day! Historically these classes are highly attended and lots of fun.

Key Responsibilities:

- Lead high-energy cycling classes with enthusiasm, creating a fun and motivating experience.
- Create personalized (clean) playlists to match the intensity and flow of each class.
- Provide clear instructions on form, technique, and modifications to accommodate various fitness levels.
- Encourage and motivate participants to achieve their fitness goals.
- Ensure the safety of all participants by monitoring form and adjusting exercises as needed.
- Engage with clients before and after classes to build relationships and enhance the community experience.
- Maintain a clean and organized studio space.
- Stay up-to-date on the latest fitness trends and cycling techniques.



[CLICK HERE TO APPLY ONLINE](#)

Requirements:

- Indoor cycling certification is nice but not necessary. Previous group fitness, personal training or other applicable experience welcome!
- Prior experience leading group fitness or spin classes (1+ years preferred but could be someone who has a passion for fitness and ready to take the next step in leading classes)
- Passion for fitness and helping others achieve their goals.
- Strong communication and interpersonal skills.
- Ability to create dynamic, fun, and motivating playlists.
- CPR/AED certification (or willingness to obtain upon hiring)

Days:

- 2 Saturdays/month November–April from 7:00–8:00 AM
- 2 Sundays/month November–April from 7:30–8:30 AM

Chippewa Falls YMCA

611 Jefferson Ave, Chippewa Falls WI, 54729 | 715.7232201 | www.ymca-cv.org

CAUSE DRIVEN
Work with passionate people and help make our community a better place!

FREE
Y Membership

IT'S FUN!
There is something new and exciting happening everyday!

HOW TO APPLY: